

Dr. Mariel Buqué

Dr. Mariel Buqué is a Columbia University-trained Holistic Psychologist, intergenerational trauma expert, and sound bath meditation healer. Her work focuses on holistic mental wellness and the centering of indigenous healing practices toward achieving emotional liberation.

Her work has been featured on Self Magazine, Glamour, Allure, Essence, NYLON, Bustle, and PopSugar and she has worked with major organizations like Dove, CVS, and Anthropologie.

She also provides corporate wellness consultations to global enterprises, including Google, Facebook, the Loveland Foundation, and many others. She believes in the liberation of both our minds and of society as necessary qualities of our collective wellness.